

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carlos Da Costa**

Has successfully participated & completed the  
**21km Ezemvelo Trail Run Challenge 2019**

held at Ezemvelo Nature Reserve.

**TIME 02:59:37**

**PACE 08:33/km**  
**OVERALL 25 of 59**

**GENDER 22 of 42**  
**40 - 49 9 of 18**

20 October 2019, Sun

Date



*BoutTime*

Signature

